



Hospice at Home
Carlisle and North Lakeland
Local Care for Local People

Bereavement Together

Penrith Leisure Centre
Last Thursday of the month
1 - 3 pm



The aim of the group is to bring individuals together who have experienced the loss of someone close to them, recently or in the past.

Members of the Bereavement & Family Support Team will be present.

Enquiries
(or more information)
01768 245985

www.hospiceathome.co.uk



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